

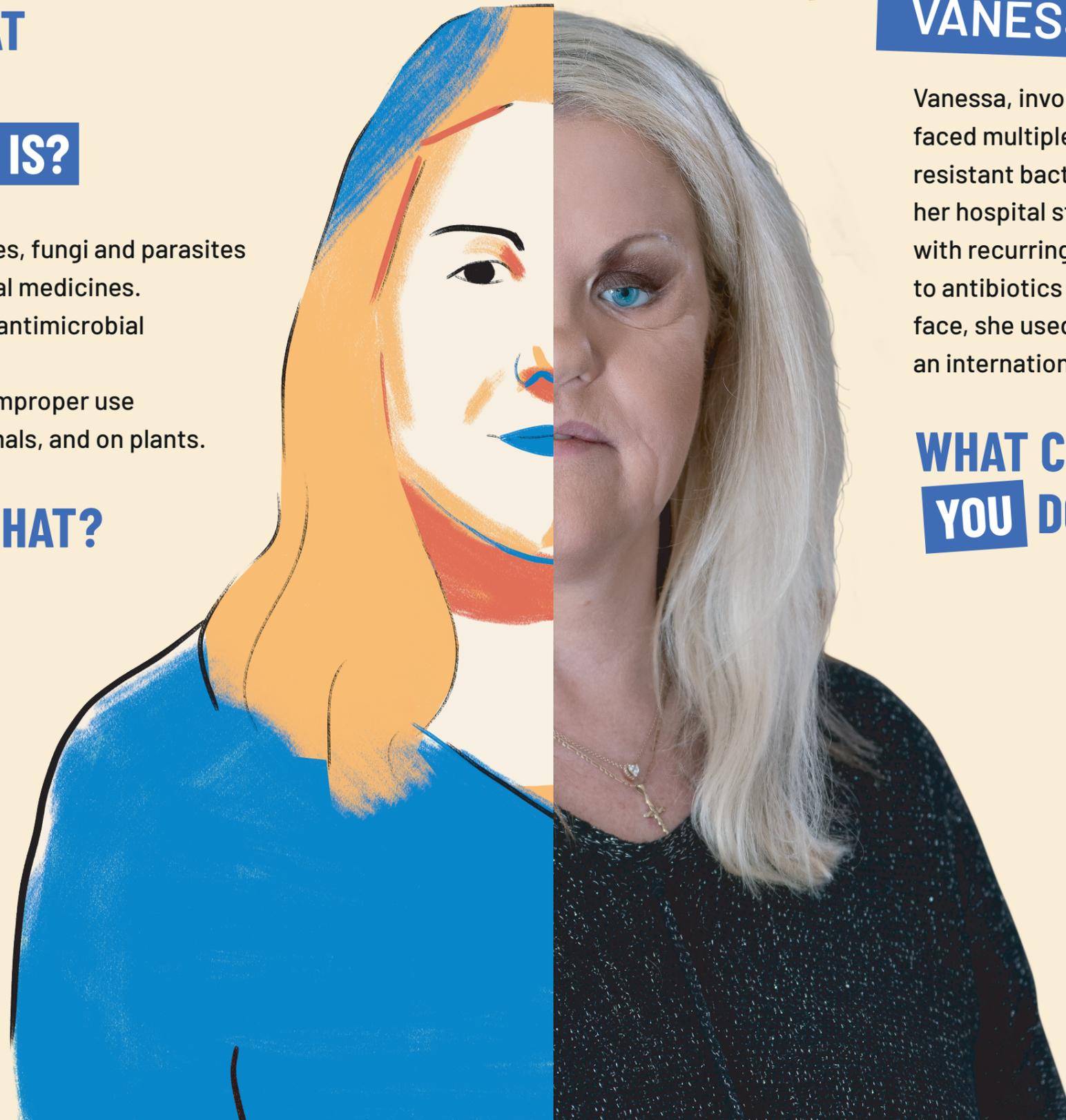
# ANTIMICROBIAL RESISTANCE IS INVISIBLE... ...I AM NOT.

## DO YOU KNOW WHAT ANTIMICROBIAL RESISTANCE (AMR) IS?

AMR occurs when bacteria, viruses, fungi and parasites no longer respond to antimicrobial medicines. As a result, antibiotics and other antimicrobial medicines become ineffective. It is fueled by the excessive and improper use of antimicrobials in humans, animals, and on plants.

## AND YOU KNOW WHAT?

- It means that common infections become harder – if not impossible – to treat.
- It can happen to anyone, anywhere. Even if you're young and healthy.
- It claims 1.3 million lives every year.



Antibiotics  
Antivirals  
Antifungals  
Antiparasitics



## THE STORY OF VANESSA CARTER

Vanessa, involved in a car accident at 25, faced multiple surgeries and contracted a highly resistant bacterial infection called MRSA during her hospital stay. After struggling for three years with recurring infections that weren't responding to antibiotics and damaged large portions of her face, she used her patient experience and became an international advocate for other AMR patients.

## WHAT CAN YOU DO?



- Only take antibiotics when prescribed by a certified health professional.
- Never use leftover antibiotics.
- Never share antibiotics with others.
- Prevent infections by regularly washing your hands, minimizing contact with sick individuals, and staying up to date with your vaccinations.